

# YOGA WITH A PURPOSE

**Benefit week Nov 16-22  
for the African Village Survival Initiative**

**MOVEMENT • MEANING • MOBILIZATION**

**DONATE A YOGA CLASS!**  
During the week of November 16-22,  
donate the proceeds of a yoga class  
or workshop, dance, massage,  
meditation or other class to benefit  
the African Village Survival Initiative!

Sign up today to donate a class or participate:  
215-387-0919 • [yogawithapurpose.blogspot.com](http://yogawithapurpose.blogspot.com)

**Support the African Village Survival Initiative**  
African people coming together to  
create collective, sustainable programs

## **Community and Collective Gardens**



AVSI brings African gardening skills back to the community by building networks of backyard and collective Uhuru “freedom” gardens. An economic development aspect will be establishing African Farmer’s Markets with produce from the gardens!

## **Rainwater Harvesting / Solar Energy**



AVSI addresses the critical needs for water and energy independence with a program for rainwater catchment, installing wells, water purification systems and developing the model for green sustainable energy.



## **Economic Self-Reliance**

Building African community institutions: a professional recording studio - an economic institution of international African culture - and a commercial kitchen for community based economic development projects.



**Sponsored by the Uhuru Solidarity Movement & Khalsa Healing Arts Center**  
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